

## Scarborough and District Swimming Association

### A summary of the salient points for Friendly Galas.

1. The purpose of these galas is to promote swimming for novice and second team swimmers on a friendly basis.
2. No swimmer with a County Qualifying time may take part in any Gala.
3. (a) Events will be swum as per programme.  
(b) Mixed relays will be swum in the order - Boy, Girl, Boy, Girl.  
(c) The boys and girls cannons will consist of 2 swimmers from each age group.  
(d) The mixed cannon will consist of one boy and one girl from each age group.
4. Points will be awarded as follows for all events - 6,5,4,3,2,1 or 5,4,3,2,1 (dependent on the number of teams taking part) provided the stated cut-off times are not exceeded. **Any club that exceeds the time will lose the points they would have achieved for that event but the points for the other teams will not be affected.**
5. No swimmer may swim in more than one individual event in any Gala except in the 8/9 year age group (and in 16 years & under if included).
6. **No one who is under 8 years of age on the date of the Gala may take part.**
7. Swimmers may only swim in one age group (other than the 16 years & under when included) in any one Gala.
8. All clubs will clearly indicate the programme of events they will be using at the Dates Meeting. The host club will produce the programme for the Gala.
9. Host Club to provide Referee, Chief Timekeeper, Starter, Recorders, 2 Timekeepers and the number of judges to make up a full quota. They will also fix their own entry fees and organize a raffle if they so wish. Visiting Teams will provide three officials.
10. All teams must warm-up in the lane they have been allocated for that gala (lane draw to take place on the day). Boys first then girls (times to be decided by the referee).
11. Host clubs to provide a copy of the recording sheets for each participating club and to send the **top** copy to the Friendly Gala Secretary.
12. All clubs to hand a team sheet to the host club at the end of the Gala for forwarding to the Secretary with Item 11.

**These points are for guidance, but it is accepted that clubs may have difficulty in getting a full team, especially in the 9 year old age group. In these circumstances and with the agreement of other team managers present, leeway can be given e.g. Borrow a swimmer from another team, swimmer to swim two legs in a relay, over - age swimmer substituted, a swimmer to swim up for the purpose of completing a relay team without penalty.**

**Common sense should be exercised in the interest of allowing as many children to swim as possible without disadvantaging other teams.**