

Scarborough and District Swimming Association

Proposed Rules for 2011

Scarborough and District Swimming Association (SaDSA) will support two levels of team competition: Friendly Galas and the Ridings League for member clubs. The Friendly Galas are a series of "One-off" galas and exist to offer competitive experience to younger and developing swimmers. They are primarily intended for swimmers who are not yet ready for the Ridings League.

1. General

- 1.1 All clubs participating in the Ridings League and Friendly Galas must be full members of the Scarborough and District Swimming Association.
- 1.2 Any club who changes the format of their club in any way must re-apply to join the above Association well before the dates meeting.
- 1.3 Any club wishing to join SaDSA must apply in writing before the A.G.M. Representatives from the new club would be expected to attend the A.G.M. and, if successful also attend, the dates meeting in November.
- 1.4 The date of the "Dates meeting" will be agreed at the A.G.M of the Association.
- 1.5 All rule changes are to be made at the dates meeting then ratified at the A.G.M.
- 1.6 Affiliation fees will be decided at the A.G.M. of the Association and paid to the Treasurer by 1st May.
- 1.7 All events shall be swum under A.S.A. Law.
- 1.8 All galas must be completed by the end of October.

2. Ridings League

- 2.1 The league will be divided into an appropriate number of divisions.
- 2.2 Each division is to have a minimum of 4 teams. A club cannot have more than one team in a division.
- 2.3 Where a club has more than one team competing in the league: a swimmer who has competed in the higher division cannot then compete in the lower division in that year of competition.
- 2.4 Team Managers are responsible for the discipline of their team and are expected to lead by example. Unsportsmanlike behaviour at galas is not acceptable and culprits may be barred from poolside by the Referee.
- 2.5 Swimmers must not approach any official at a gala with queries on disqualifications and other matters. These should be directed through their Team Manager to the Referee.
- 2.6 In the case of a dispute or protest, the outcome will be decided by a panel consisting of the Chairman and League Secretary, together with three independent members.
- 2.7 Each host club is responsible for the hire of the pool and the gala organisation.
- 2.8 All clubs participating in a gala must provide 2 timekeepers and 1 judge. All other officials are to be provided by the host club. **The host club is to be notified well in advance of the gala if there are any problems in providing officials.**
- 2.9 Gala points to be awarded - 1st 4 points, 2nd 3 points, 3rd 2 points, 4th 1 point, for both individual events and team relays. In the event of a dead heat, points are shared.
- 2.10 Individual and team relay event categories are: 9 & 10 years, 12 years & under, 14 years & under and Open.
- 2.11 Open events are not age restricted, therefore they can be swum by anyone 9 years and older.

2.12 The age of all swimmers for Ridings League galas is determined by their age on the day of the Ridings League Championships. Swimmers must be 9 years old by this date to take part in the League.

2.13 The maximum number of **individual races** that a swimmer can swim at any one league gala is **TWO**.

2.14 Swimmers can only swim in one age group in individual events in any one league gala, but may compete in a higher age group in relay events.

2.15 Within SaDSA swimmers must be recognised as first claim for the SaDSA club for which they are competing. Having competed for one club in the league a swimmer cannot then swim for another club in the league in the same year.

2.16 League records can only be set in a 25m pool.

2.17 Team managers are responsible for the handing in of a correct team sheet by the end of the gala to the recorder. Failure to do so will result in one half of a league point being deducted from the offending team's points total.

2.18 One team manager and two assistants per team only will be allowed on poolside, plus up to 2 others for the purpose of taking splits, at the discretion of the Referee.

2.19 League points will be awarded 1st 4 points, 2nd 3 points, 3rd 2 points, 4th 1 point in order of total points scored. If a tie occurs points will be shared.

2.20 It is the responsibility of the host club to ensure the master copy (**top/white copy**) of the results sheet, plus all the team sheets for the gala, reach the League Secretary within 7 days of the gala.

2.21 If it is later established that a swimmer has competed in a gala illegally then the points gained by the swimmer at that gala will be deducted from the club's total points for that gala. Should the same club commit a second offence of the same nature in the same year then the total points earned by the club for that gala will be removed.

2.22 Should two or more teams tie on league points, gala points scored will decide the league positions.

2.23 Any proposed changes to the number of teams entered by a club must be notified in writing to the League Secretary **before** the September meeting of SaDSA.

2.24 Any new team joining will go into the lowest division.

3. Ridings League Championships

3.1 There will be one League Championship to cover all of the divisions.

3.2 The Championships will usually take place on the second Saturday in November.

3.3 All events will be swum on a Heat Declared Winner basis.

3.4 The League Championships are open to all swimmers who have represented their club in a Ridings League gala during the year.

3.5 Individual age groups in these championships are 9, 10, 11, 12, 13, 14 and 15+ years.

3.6 A swimmers age group for the League Championships is determined by their age on the day of the championships.

3.7 The events are 50m for Backstroke, Breaststroke, Butterfly and Freestyle, along with a 100m Individual Medley. The format of the Championships will be reviewed annually at the A.G.M.

4. Friendly Galas

4.1 As these are one-off galas, a swimmer's age is that on the day of the gala.

4.2 Swimmers 8 years and older can take part in individual races.

4.3 Swimming faster than the cut off time will mean no points are awarded but other teams do not gain extra points.

4.4 Whilst there is a standard format for a Friendly Gala, host clubs may adapt this, but **MUST** clearly indicate the format to be used, at the Dates Meeting when fixtures are agreed.

4.5 Results and brief report should be sent to the Friendly Gala Secretary.

Appendices

Appendix 1: Ridings League Structure

There are currently 14 member clubs with 16 teams, however, this does change over the years. The table below shows the structure for different numbers of teams:

Number of Teams	Premier Division	1 st Division	2 nd Division	3 rd Division
14	4	5	5	
15	5	5	5	
16	4	4	4	4
17	4	4	4	5
18	4	4	5	5
19	4	5	5	5
20	5	5	5	5

Appendix 2: Promotion and relegation

- At the end of the season the winning teams in the 1st, 2nd and 3rd Division are promoted and the bottom placed teams in the Premier, 1st and 2nd Divisions are relegated.
- All teams are then grouped together in a rank order list.
- Any teams withdrawing are removed; any teams joining are added to the bottom of the rank order list.
- Teams are then allocated to Divisions as per the above table, remembering a club cannot have two teams in the same Division.

Appendix 3: Score Sheet Recording

- It is important that at least TWO adults are involved in this process as this allows checking of scores throughout a gala.
- The record sheet for the division should be available - good practice sees these written in one of the spare Lane Columns for ease and speed of checking.
- To help with swimmer development it is important that the reason for a disqualification is record on the sheet. Space is limited but the following does work: DQ Start; DQ Stroke; DQ Turn; DQ Finish. Additional annotation such as 1HT for One Handed Touch in Breast and Fly can be usefully added.
- If possible the recorders should put the swimmers names for individual races.
- The Referee should check the sheets and sign/initial, during and at the end of the gala.

Appendix 4: Ridings League Trophies and Medals

- Each Division Winning Team will be presented with their engraved trophy and 50 medals at the start of the Championships.
- Trophies must be returned at the September meeting of the Executive Committee.

Appendix 5: Clubs with more than one team

Clubs are welcome to enter more than one team, but this must be seen as a long, rather than short, term plan. The League rules are quite clear about the movement of swimmers between teams.

It is expected that a club's A team is their strongest, whilst their B team is intended to give competitive experience and provide opportunity for development to a larger number of swimmers. However, where a B team gala occurs before any A team gala, a club is not expected to include stronger/established A team swimmers in the B team, even to "make up numbers".